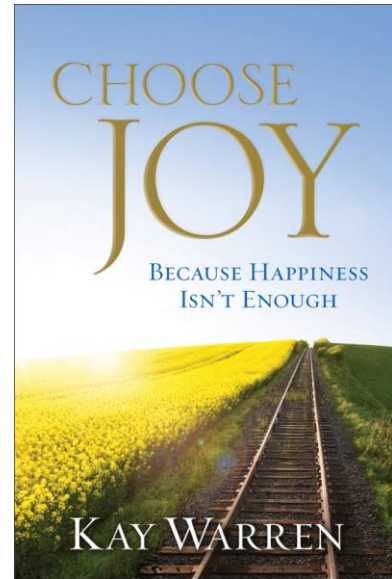


Title: “Choose Joy: Because Happiness Isn’t Enough”

Synopsis: Between tough economic times and everyday “life” struggles sometimes it may feel as if things are hopeless. Happiness doesn’t just seem fleeting, it often seems unattainable.

Kay Warren is no stranger to sorrow and difficulties. Though she lives in the public life as the co-founder of Saddleback Church – one of the nation’s largest and most influential churches in America – with her husband Rick, the circumstances in Kay’s life have not always been perfect. She has personally experienced emotional and physical abuse, two bouts with cancer and various other hardships along with witnessing women and children worldwide who are hurting from HIV/AIDS, hunger and poverty.



While very difficult, these circumstances have taught Kay valuable lessons about the true meaning of joy. Realizing that many other women struggle with living in joy – if they even know what it is – Kay decided the lessons she has learned needed to be shared.

In “Choose Joy: Because Happiness Isn’t Enough,” Kay draws from biblical principles and her own life experience to illustrate what joy really is, where to find it, and how to choose it in the good times and the bad.

Author: Kay Warren, author, speaker and international HIV/AIDS advocate. Kay and her husband, Rick, began Saddleback Church, now one of the largest churches in America, in the living room of their condominium in 1980. Since then, she has founded the HIV/AIDS Initiative at Saddleback Church in 2004 and spoken around the world as an advocate for the weak and vulnerable. She chronicles this in her first book “Dangerous Surrender,” originally released in 2007 and revised, expanded and published as “Say Yes to God” in 2010. A two-time cancer survivor, Kay knows firsthand how a life-threatening diagnosis alters one’s daily life. Her own bouts with suffering have motivated her to serve those who are sick. She is passionate about using her personal experiences to encourage others, which is why she wrote “Choose Joy: Because Happiness Isn’t Enough,” which releases in April 2012.

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